

Invitation CPX 2026

15th Update Symposium Cardiopulmonary Exercise Testing

Saturday 30 May 2026 at Duomed Belgium

The Belgian Working Group on Preventive Cardiology (part of the BSC) joins forces once again with Duomed Belgium to organise the **15th Update Symposium Cardiopulmonary Exercise Testing**.

This year, we will focus on the practical topics and correct measurements of CPET testing.

Due to the multidisciplinary character of these exercise tests, this course is intended for cardiologists, pulmonologists, sports doctors, physiotherapists, nurses, students and technicians, with limited experience in CPET.



LECTURERS

Prof. dr. Dominique Hansen – Rehabilitation and Exercise Physiology in
Cardiometabolic Diseases,
Hasselt University

Prof. Wim Janssens, MD, PhD - Clinical Department Respiratory Diseases,
UZ Leuven

Dr. Mauricio Milani – Cardiovascular Rehabilitation
Hasselt University – Jesse Ziekenhuis Hasselt

Mr. Kevin De Soomer – Chief pulmonary function technician
University Hospital of Antwerp



Program

15th Update Symposium Cardiopulmonary Exercise Testing

08:30	Registration & coffee
09:00	Plenary session 1: Principles of Exercise Testing – Physiology and Definitions of Abnormal <i>Prof. Dr. Wim Janssens</i>
10:00	Plenary session 2: CPET in Clinical Practice: From Integrated Measurements to Interpretation <i>Dr. Mauricio Milani</i>
11:00	Coffee break
11:30	Workshop 1: Using CPET for Exercise Prescription to Patients with Different Cardiovascular Risk profiles. - Prof. dr. Dominique Hansen Workshop 2: Best practices to obtain optimal CPET results (live demo) - <i>Kevin De Soomer</i>
12:30	Repetition of Workshop 1 and Workshop 2
13:30	Lunch

PRACTICAL

What? 15th Update Symposium Cardiopulmonary Exercise Testing

Where? Duomed offices @ Oeyvaersbosch 12, 2630 Aartselaar

When? Saturday 30 May, 2026 from 09:00 till 13:30

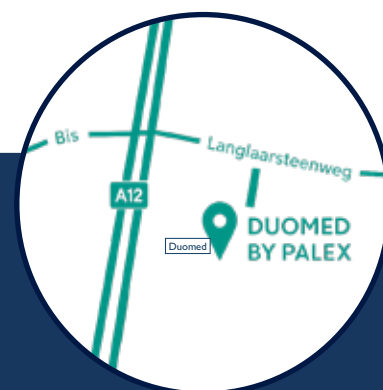
Language: English

Accreditation: Accreditation for Doctors and Physiotherapists is requested.

Fee: 90€ (physicians), 50€ (non-physicians + trainees) - *Sandwich lunch & coffee breaks included*

Please pay the appropriate amount **before Friday May 15th, 2026** on **BE97 7350 6544 2349**
(Belgian Working Group on Preventive Cardiology, Elyzeese-Veldenstraat 63 Rue des Champs-
Elysées, 1050 Brussels) - Reference: "CPX **Symposium + name of the participant**"

If you wish to attend this symposium, go to <https://forms.office.com/e/4qVWNkpvbQ>
or scan the QR code to fill out the registration form.



We hope to welcome you and your colleagues at our symposium!

Cardiology & Respiratory Care Solutions Team